

# Eco-Schools programme in Latvia





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## Līva Stade

Eco-Schools programme coordinator in Latvia

<u>liva.stade@videsfonds.lv</u>





# Foundation for Environmental Education

- A non-profit, non governmental organisation
- Promoting Sustainable Development through Environmental Education worldwide
- An umbrella organisation with one member organisation in each country (77 countries)



5 programmes of the Foundation for Environmental Education















### **Eco-Schools**

Engaging the youth of today to protect the planet of tomorrow

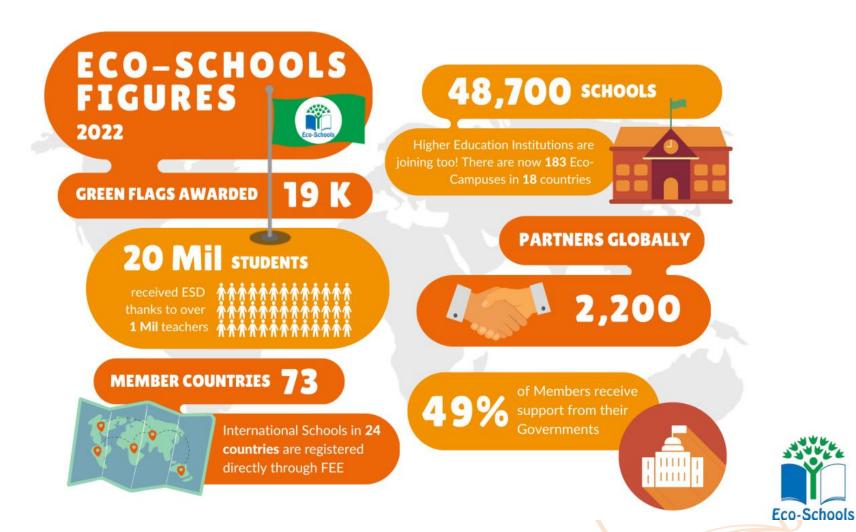






#### Eco-School programme

- one of the largest global sustainable schools programme







#### Why Eco-schools in Latvia?

Encourages young people to engage in their environment by allowing them opportunity to actively protect it

- Includes everyone students, teachers and local community
- Improves environment of the school
- Motivates by seeing the change
- Improves attitude cultivates sustainable mindset
- Connects globally



## Eco-School programme 7 steps







#### Award levels in Latvia







Green flag



Green flag & the ambassador







#### Eco-School programme in Latvia

Institutions participating with the same methodology:

- Preschools
- Schools
- Universities

#### Differences:

Environmental review —

Criteria





#### DATU IZVĒRTĒJUMS

#### EKOPADOMES Viedoklis



Kā jūs parasti rīkojaties, ja ieraugāt mežā atkritumus?

Ziņoju, izmantojot lietotni <b>"Vides SOS"</b> Ziņoju meža īpašniekam vai pašvaldībai Salasu atkritumus un izmetu tam paredzētā vietā	Nedaru neko Cits:
Vai mājās pievēršat uzmanību tam, lai atbildīgi lietotu meža resursus? (iespējams atzīmēt vairākas atbildes)	

• • • •	rajas preversas azmanba tam, iai atonaigi netota meza resarsas. (espejams atzmet vanaas aton
	Nepievēršam uzmanību
	legādājamies papīru ar FSC sertifikātu
	legādājamies koka mēbeles ar FSC sertifikātu
	Lietojam papīru, kas ražots no otrreiz pārstrādātām šķiedrām
	Lietojam tualetes papīru, papīra dvieļus vai salvetes, kas ražoti no otrreiz pārstrādātām šķiedrām
	Taupīgi lietojam papīru (piemēram, izmantojam abas puses, lieki nedrukājam)
	Nelietojam vai maz lietojam produktus, kas veicina lietus mežu izciršanu (piemēram, produktus, kas satur palmu e  u)









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# **Ekoskolas**

#### **FEBRUĀRIS**

- Silto džemperu diena
- 2. Pasaules Mitrāju diena



#### **APRĪLIS**



#### JŪNIJS

- 3. Pasaules Velosipēdu diena
- 5. Pasaules Vides diena
- 8. Pasaules Okeānu diena





#### **MARTS**

- 21. Pasaules Meža diena
  - 22. Pasaules Üdens diena
  - 30. Pasaules Bezatkritumu diena
  - \* Zemes stunda



#### MAIJS

- 20. Pasaules Bišu diena
- 22. Starptautiskā Bioloģiskās daudzveidības diena
- \* Āra izglītības diena



Like

2. novembri atzimėsim Āra izglitibas dienu!

¿Lielaka daļa macību procesa tiek aizvadīts telpās, bet vislabākais veids, kā iepazīt dabu un

Āra izglītības diena ir globāla kustība, kuras mērķis ir veicināt uzturēšanos dabā, svaigā ga panakt, ka ši aktivitāte kļūtu par katra berna ikdienas neatņemamu sastavdaļu.

16 K... See more



O Comment

#### Eco-School programme in Latvia



#### Vides dienas martā



#### MEŽA DIENA

#### Kas ir meža diena?

Apvienoto Nāciju Organizācija 2012. gadā 21. martu pasludināja par Starptautis dienu, lai veicinātu izpratni par visu veidu mežu nozīmi. Valstis tiek mudinātas pasākumus un dažādas aktivitātes, kas saistītas ar mežu aizsardzību un videi d apsaimniekošanu.

#### Meža diena 2024

2024. gada tēma ir "Meži un inovācijas - Jauni risinājumi labākai pasaulei". svin 21. martā.

Noskaties video par 2024. gada meža dienu - https://youtu.be/dP7JMsqtrZI

Kā atzīmēt šo dienu?

24 comments 814 shares

Share



Energoefektivitāte. Gudrais cilvēks



SĀKUMS ENERĢIJA UN VIDE (INFOGF

Praktiski padomi, kā ietaupīt elektrību



Ekoskolu Prāta spēļu jautājumi un atbildes. Energija.

Drusku izglābt pasauli ar Edgaru Fresh.



Zalās brīvības "Zalais celvedis". Elektropreces un energoefektivitäte ēkās.





Youth project examples on topics of climate change / biodiversity / circular economy

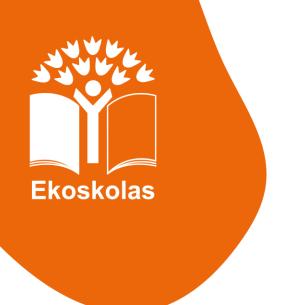






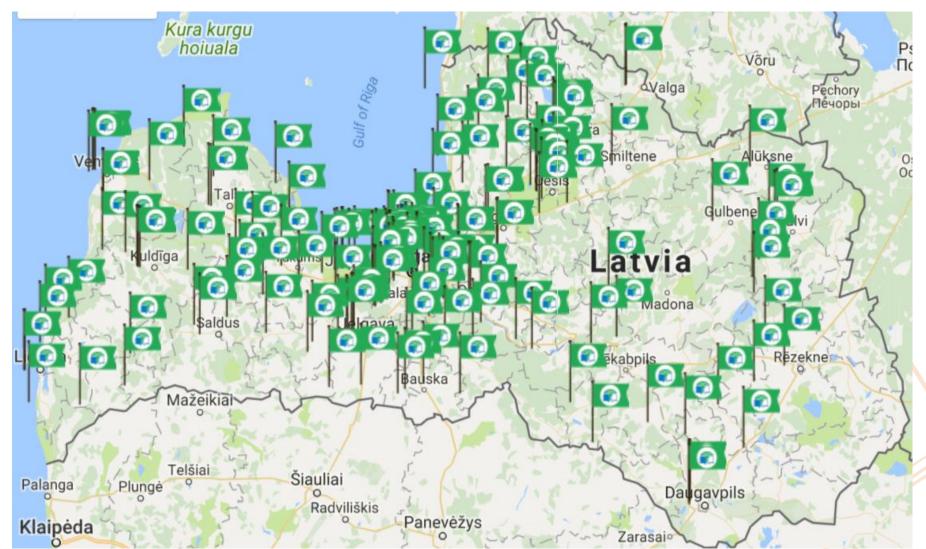






#### The Eco-Schools Action days









#### Steps / Methods

- Research and selection of the problem
- Identification of the solutions to local environmental problem
- Implementation of the actions that draw attention and help to solve the problem (practical actions and publicity activities-video, photo stories, articles, campaigns, challenges for local community, families, other schools etc.)
- Spreading the results and best practices to a local community



# Opening of the campaign – friendly protest march







### Examples – Climate change

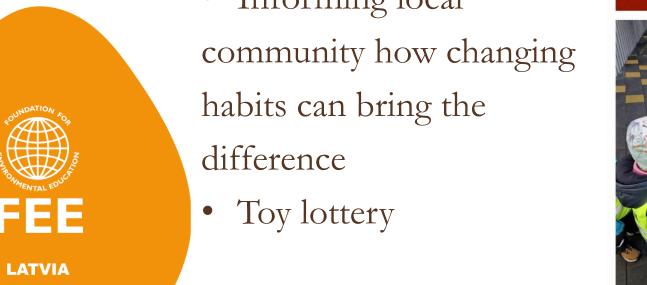
- Eating responsible selfservice lunch
- Campaign «Dont buy new, exchange!»
- Informing local





















# Examples – Biodiversity loss

- Exploring local species of birds
- Making posters on second use paper how to feed the birds during winter
- Creating feeding spots
- Educating community in library, tourism point and other schools















# Examples – Biodiversity loss

- Wildflower meadow restoration
- Planting flowers for pollinators
- Building the insect hotel with help

of families

Publicity activities







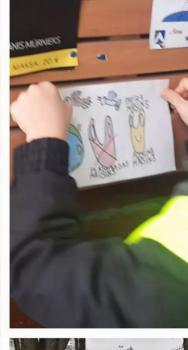
### Examples – Circular economy

- Setting posters
- Shopping bags & aprons of old t-shirts
- Gift bags of old jeans
- Candles of cardboard
- Making apple jam of local fruit
- Parents made fashion closet
   to exchange cloths, toys, books etc.















### Examples – Circular economy

- Interviewing 43 locals about biological waste sorting
- Offered informative material
- Made explanatory poster
- Interviewing head of the parish administration
- Asking to provide funds for biological waste container at school





















# Global food trends and project topics

- Accelerating loss of varieties (agrobiodiversity)
- Increasing consumption of meat and dairy products
- The growing distance between farmers and consumers
- Consumption of highly processed food, palm oil
- Seasonality
- Food waste







### Methodology



### 7 steps to responsible food consumption:

- Eco-Committee
- Food review
- Action plan
- Monitoring and evaluation
- Curriculum work
- Informing and involving
- Eco-Code of responsible food consumption

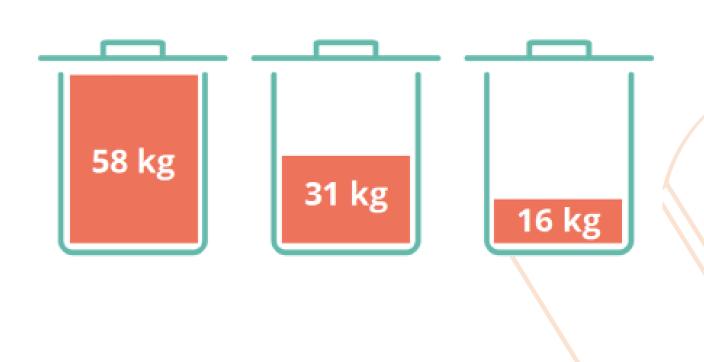






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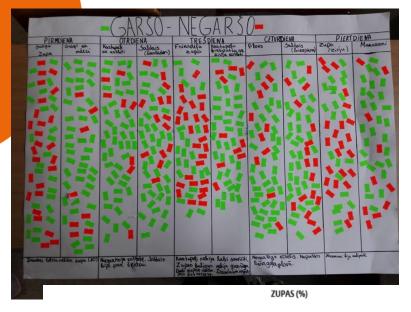


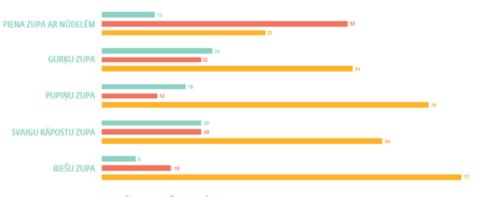




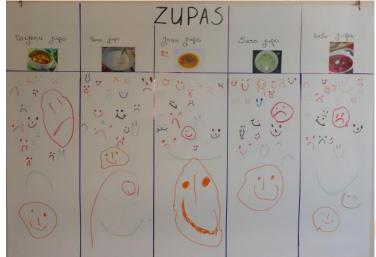


# Evaluated and improved their menus – research / food review













## Self-servicing













### Storage food for later meals

### Leftover recipes













# Coorperation with school canteen, cook







# Involvement of children in the process of change

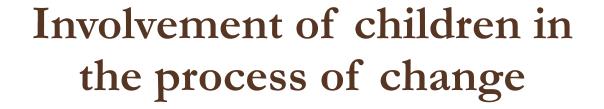




















### Local campaigns and actions













#### **Curriculum Work**















### Nacional campaign









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#### Results



- The beginning of the project the avarage food waste amount produced by the school was 20-50 kg per person per year
- Results food waste decreased by 50-72%



\*The example of Pre-school Annele, 2016





### Long term impact

In 2018 – 2019 and 2019 – 2020 academic year 32 schools chose Food topic as a theme of the year
 The result differ from 22 kg to 7,9 kg per person

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per year

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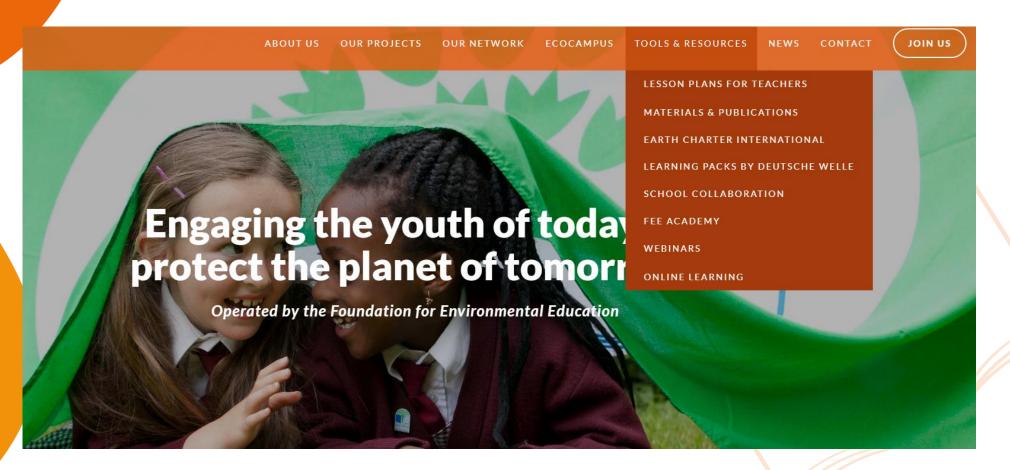


### Eco-schools global

Visit the link:

https://www.ecoschools.global/







21/03/2024 www.ekoskolas.lv







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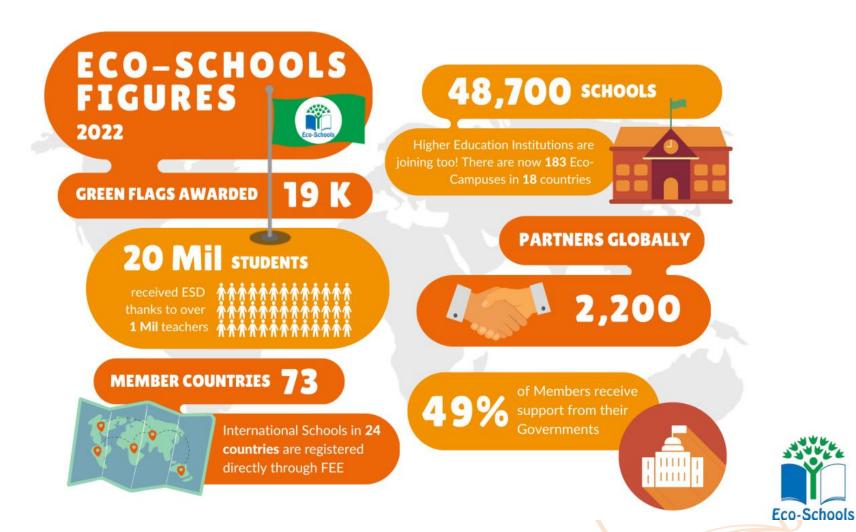






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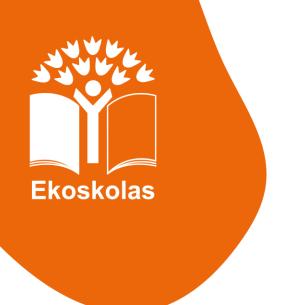






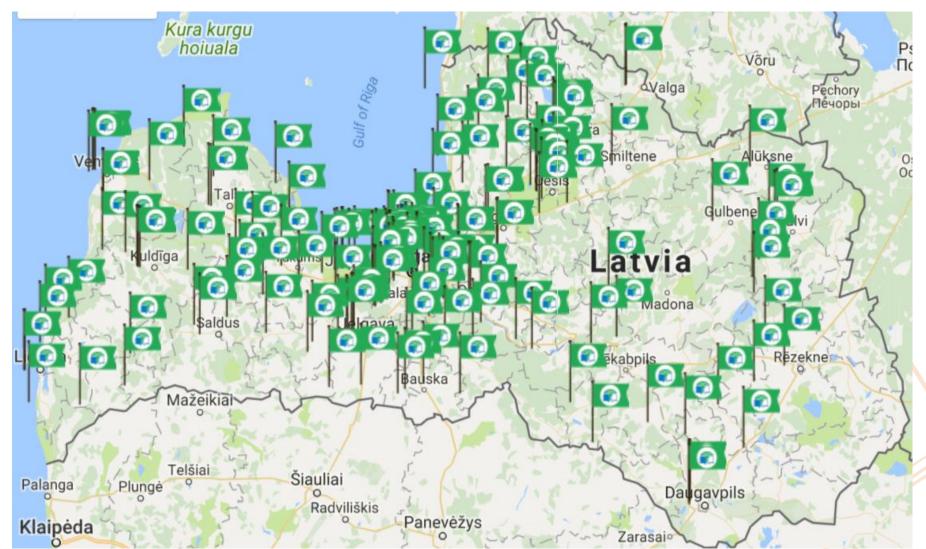






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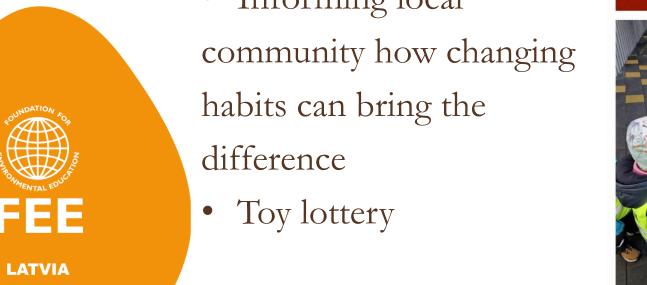
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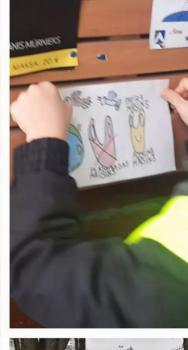
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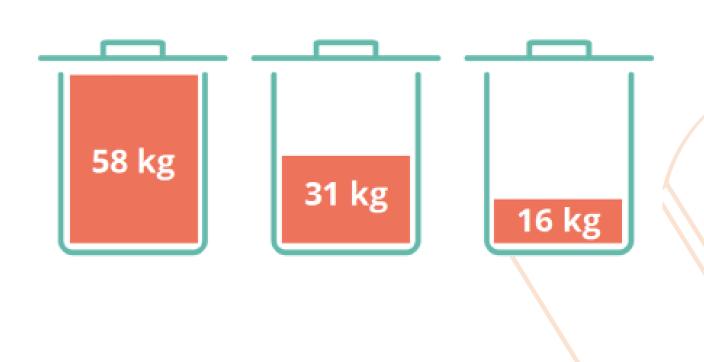






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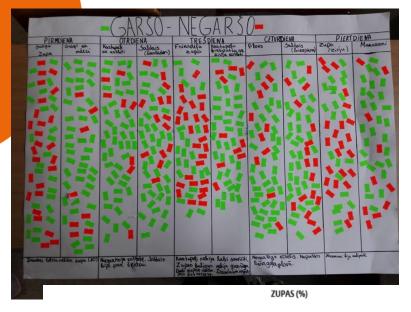


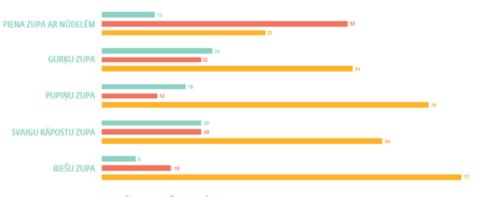




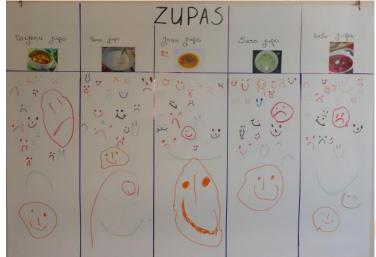


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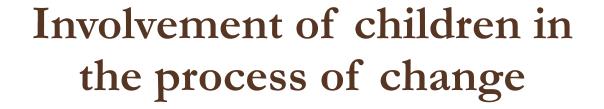




















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